

# GUATEMALA HOSA POINT SYSTEM

## LARGE FIRST AID KIT ITEMS (120 POINTS IN TOTAL)

- Small hand sanitizer (1) - 1 point
- Tampon (1) - 1 point
- Feminine pad (1) - 1 point
- Saline jets (1) - 1 point
- Iodine swabs (1) - 1 point
- Medical tape (1) - 5 points
- Alcohol Wipes (10) - 5 points (1 pt for every two wipes)
- Band-Aids (20 various sizes) - 5 points
- Container for Kit: 13 x 9 x 8 inches (1) - 5 points
- CPR Pocket Mask (1) - 5 points
- Spray hydrogen peroxide (1) - 5 points
- Co Ban or Vet Wrap (any size 1) - 5 points
- Super glue or liquid bandage (1) - 5 points
- Tourniquet (1) - 5 points
- Triangular Bandage (1) - 5 points
- Gauze 2 x 2 and 4 x 4 (2 of each) - 5 points
- Antibiotic cream (1) - 5 points
- Hydrocortisone cream (1) - 5 points
- OTC Medication: 10 pill container minimum - 24 pill container maximum (Acetaminophen, Ibuprofen, Diphenhydramine, Antacid, Baby Aspirin) - 10 points (for one of any kind)
- Medical gloves (three pairs) - 10 points
- Forehead thermometer - 10 points
- 20 points for donating a whole first aid kit with all items

## TRAVEL FIRST AID KIT ITEMS (50 POINTS IN TOTAL)

- Gloves (1) - 1 point
- Band-Aids (5) - 1 point
- Container for Kit: 3x5 inch bag/container (1) - 1 point
- Sterile Gauze pad 4 x 4 (2) - 2 points
- Sanitizer Wipes (5) - 5 points
- Alcohol Wipes (5) - 5 points
- Medical Tape (1) - 5 points
- Antibiotic Ointment (1 tube) - 10 points
- Diphenhydramine (Benadryl) (2) - 10 points
- 20 points for donating a whole first aid kit with all items

## MISCELLANEOUS CONTENT ITEMS

- Hygiene Products - 1 point per piece
- Safety Glasses - 5 points
- Bottle Vitamins - 15 points
- HOSA uniform items:
  - Blazer - 50 points
  - Pants - 50 points
  - Official HOSA Ascot - 15 points
  - Official HOSA Tie - 15 points
  - White Button Up - 25 points

For all other items not listed in the following areas, they will be greatly appreciated but will NOT earn additional points

# KEY POINTS

- Please remember we are still developing this project.
- International HOSA is being updated as needed regarding this project
- Our major partner in Guatemala is REVIVE
- This non-profit has two board of trustees, one in US and one in Guatemala
- They have five major project areas and HOSA's focus is: Health and Nutrition and Education
- Guatemala was colonized in the 1500's by Spain and brought with them the roman catholicism, the Mayans combined their traditions, so it is a very culturally religious country.
- This is a Nevada service project that is being run by the state officers, not the Nevada HOSA Board of Trustees
- California HOSA is also a partner in the project and we hope to involve other states in the future
- No items that have been purchased with state or federal NDE funds can be used for the first aid kits or donations, including State CTE and Perkins funding.
- Financial donations must go through the crowdfunding link or a check to REVIVE directly.
- The financial donations will help support supplies for Guatemala HOSA members, a Nevada HOSA member experience/advisor healthcare in Guatemala, etc.
- This activity is being conducted by a second party organization (REVIVE), Nevada HOSA is not liable for this part of the project.
- Monthly meetings will occur to familiarize students and advisors on the Guatemalan culture and medicine. This participation is optional and is to introduce students and advisors to the healthcare system and public health in another country.
- The point system for the kits and the other medical supplies is at the discretion of the state officer team and their board representative(s)
- Points will be finalized at the State Leadership Conference in Reno

\*For more information, contact NV State President at [president@nevadahosa.org](mailto:president@nevadahosa.org)